

# INTRO TO HOCKEY MODEL

[COACHES]

A coaches guide for the introduction and implementation of the Intro to Hockey Model for U7 and U9 Hockey in Alberta

**Updated September 2024**



# COACH DEVELOPMENT

Coaches hold the key to a child's experience in the game of hockey and this responsibility should not be taken lightly. Hockey Alberta has taken measures to ensure coaches are educated and prepared for the challenge of being an Intro to Hockey coach. Associations may choose to strengthen these requirements as these are the minimums.



INTRO TO HOCKEY	COACH 1 INTRO TO COACH	RESPECT IN SPORT ACTIVITY LEADER	HOCKEY CANADA SAFETY PROGRAM
U7 & U9	1 Team Official per 10 Players	All Team Officials	1 Team Official per 10 Players

# NCCP COACH INTRO TO COACH

The NCCP Community Coach Stream course is the first level of the National Coaching Certification Program (NCCP). This Community Coach Stream course follows the competency-based education and training method of learning and is completed in two parts:

1. Online: Hockey University Coach 1/2 Module (approx. 4 hours)
2. In-person: Coach 1 Clinic (approx. 4 hours classroom & 1.5 hours on-ice)

The NCCP Coach Level emphasizes basic skills and the importance of having players develop confidence, self-esteem and a love for the game. Completion is based on 100% completion of the Hockey University – ONLINE Coach 1/2 and 100% attendance at the in-person Coach 1 clinic.

**AT THE CONCLUSION OF BOTH THE ONLINE  
AND IN-PERSON CLINIC, THE COACH WILL BE  
LISTED AS 'TRAINED'.**

## RESPECT IN SPORT ACTIVITY LEADER

The Respect in Sport Activity Leader/Coach Program educates coaches and activity leaders to recognize, understand and respond to issues of bullying, abuse, harassment and discrimination. It may be the single most important training leaders receive to assist in creating a safe, healthy and respectful environment for all participants.





# HOCKEY CANADA SAFETY PROGRAM

This program is a great introduction to team safety, injury recognition and important information for anyone who wishes to be a team Safety Person.

From the Fair Play Code and Code of Ethics, to Safety at the Rink, Injury Management and the Emergency Action Plan, this program gives you the information and confidence needed to be the go-to-person on your team for health, wellness, injury recognition, safe and proper recovery and return to play procedures.

## ADDITIONAL SUPPORT

Associations are encouraged to create a mentorship/support system for coaches to share ideas and best practices as well as provide guidance in practice delivery.

Hockey Alberta also offers other educational opportunities for associations for their Intro to Hockey coaches.





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